

sun	mon	tue	wed	thu	fri	sat
Gardening Club · Sewing Club · Craft work Club Music Time · Library corner are voluntary activities by DROP users. Anyone is welcome to join!					1	2
3	4	5	6	7	8	9
closed	closed	  3year check-up 12:45 ~ 13:30	 Gardening Club 10:00 ~ 12:00 Craft work Club 10:30 ~ 12:00  Breast-feeding counselling	 1.5year check-up 12:45 ~ 13:30	 Sewing Club 10:00 ~ 12:00  4month check-up 8:45 ~ 9:45	 Music Time 13:30 ~ 15:00 
10	11	12	13	14	15	16
closed	closed	 Library corner 10:30 ~ 12:00  "Iroenpitsu" Bread Sale 12:00 ~ 12:30	 Breast-feeding counselling	 Mama Café 14:00~  1.5year check-up 12:45 ~ 13:30	 Recycle Party 11:00-14:00  4month check-up 8:45 ~ 9:45	 Recycle Party 11:00-14:00
17	18	19	20	21	22	23
closed	closed	 	 Breast-feeding counselling	 International Mum's Lunch Meeting 12:00 ~ 14:00	 Sewing Club 10:00 ~ 12:00  4month check-up 8:45 ~ 9:45	
24	25	26	27	28		
closed	closed	 "Iroenpitsu" Bread Sale 12:00 ~ 12:30  3year check-up 12:45 ~ 13:30	Music Time 13:30-14:00	   1.5year check-up 12:45 ~ 13:30		



## Health Support at Kohoku Ward Office

- 4 month old health checkup - 2/8,15,22 (8:45 ~ 9:45)
- ★ 1.5 year old health checkup - 2/7,14,28 (12:45 ~ 13:30)
- ◆ 3 year old health checkup - 2/5,12,26(12:45 ~ 13:30)
- ♥ Breast-feeding Counseling  
(Reservation necessary, Japanese only)  
Contact: 045-540-2340

## DROP Counseling

(Discussing with a professional individually)

	2/2 (Sat)	9:30-11:30
	2/5 (Tue)	10:00-12:00
	2/12 (Tue)	10:00-12:00
	2/16 (Sat)	13:00-15:00
	2/19 (Tue)	10:00-12:00
	2/28 (Thu)	9:30-13:30

## Kurumi Salon

(Reservation necessary)

Let's talk about raising kids with  
the midwife and other mums.  
2/28 (Thu) 10:30 ~ 12:00

## 'Iroenpitsu' Bread Sale

Don't miss it!

2/12(Tue),26(Tue) 12:00 ~ 12:30

## DROPPA

### 1. Daddy's Gathering

Gathering for dads. Come and join us!  
2/9 (Sat) 13:30-15:00



## Programs

**Outing with Playing Meister** 2/12 (Tue) 13:30-15:00

Let's meet with Ms.Makabe in Ohkurayama park and have some fun

**Mama Café Oka-cha-n** 2/14 (Thu) 14:00-

Tea time for mums (presented by our volunteer staff).

**Recycle party** 2/15(Fri)·16 (Sat) 11:00-14:00

Let's give away and/or exchange baby and kids' clothes &  
accessories and maternity stuff (\*baby/kids clothes including shoes  
and hats/caps only, \*maternity clothes and goods)

**Outing with mum & kids(DROP volunteer)** 2/19 (Tue) 10:30-12:30

We will be walking to Futo Miharashinooka Park.

**International Mum's Lunch Meeting** 2/21(Thu) 12:00-14:00

Let's have cross-cultural lunch time! Bring your lunches.

**Twins and Triplets' Meeting** 2/22 (Fri) 10:00-15:00

**Play Time** 2/26 (Tue) 11:30-12:00

Fun singing and dancing with volunteer staff!

If you have any inquiry or need language support,  
please contact us at...

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