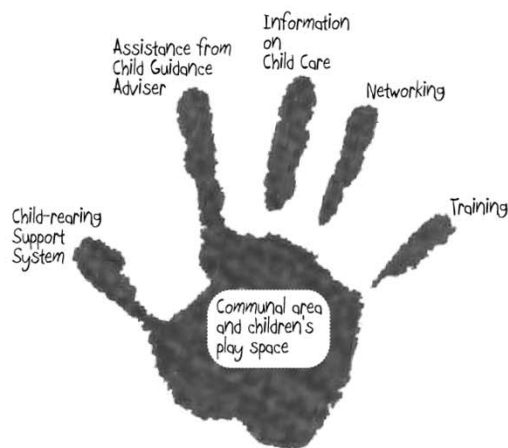


# Welcome to DROP!



DROP (Kohoku-ku Child Care Support Center) is a gathering place for children and family. We can provide you information about raising children in Yokohama, and other services concerning child care. Let's share the joyful moments of raising children together at DROP!  
 \*Drop is part of Non Profit Organization Bino-Bino activities, supported by Yokohama City.



Access from Okurayama Station (Tokyu-Toyoko Line. Please note that only local trains stops at Okurayama Station)

Approx. 10 minutes walk from the station. After going out the ticket gate, turn right and keep walking straight along Elm Street. You will see our facility on the left side of the road. Please note that we have no parking spaces.

3-57-3 Okurayama  
 Kohoku-ku, Yokohama City  
 TEL : 045-540-7420  
 FAX : 045-540-7421  
<http://www.kohoku-drop.com>  
 contact:admin@kohoku-drop.com

- Opening days/hours: Tuesday thru Saturday 9:30-16:00
- Closed days: Sundays, Mondays, holidays, year-end/New Years and special closing days
- Usage fee: FREE

## 'BOSAI Club' at DROP.

We held disaster prevention practice and disaster drill every month at DROP.

At one practice, Mrs. K, a DROP user, pointed out that moms' needs are to practice the same or more at home. Based on her work experience as a seismologist, she made "Disaster Drill Scenario and Chart for Protection Against Disasters" for both Drop users and staff members. The Chart is in Q & A format, and under the scenario that you have just experienced a big earthquake, you can check what you need to do as protection and prevention in your house and the area around your home.

Mrs. K said that her study and work has taught her nothing about actual disaster drills, and just like she never thought about it until she had her daughter, we agree that there are so many things we see differently because we became a parent.

We appreciate Mrs. K's suggestion and decided to work on dispatching the disaster-prevention measures and other necessary info through our brand-new Bosai Club. Our next meeting will be held on Wed. Sept. 10, from 13:30 to 15:30. This would be a good chance to think about what is needed for protection of your home, so if you are interested, please feel free to come and join us!

### Waku-waku Kosodate Hiroba

Date: 9/6 (Sat) 10:00-14:00

Venue: Kohoku Ward Kokaido (Auditorium) and Ward Office

Details: Event held by nursery staff. Stage events (exercise, nursery rhymes, plays) and craftwork, baby food cooking booths, etc. for babies, infants and family. No reservation necessary.



### Play park

@ "Futoo koen" Park

Fri. Sept. 12<sup>th</sup> 10:30-16:30

@ "Futoo cho dai-ni koen" Park

Tue. Sept 16<sup>th</sup> 10:30-11:30

## International Mum's Lunch Meeting

Next Lunch Meeting will be...

**Sept. 16th Tuesday 12:00-14:00**

Bring your lunches!

We will be talking about...

- Discussing ideas for making a mini-handbook in easy Japanese for non-English speaking families . . . etc



Come and join us!

for kids and mums

# DROP

Kohoku-ku Child Care Support Center



## September 2014

Sun.	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
1 closed	2 3year check-up 2:45-13:30	3 Craft work Club 10:30 ~ 12:00	4 Sewing Club 10:00-12:00	5 ★1.6 year check-up 12:45-13:30	6 #4 month check-up 8:45-9:45	
7 closed	8 closed	9 Library corner 10:30 ~ 12:00	10 Gardening Club 10:00-12:00 ♥Breast-feeding counseling	11 ♥Breast-feeding counseling	12 #4 month check-up 8:45-9:45	13 Smiley face
14 closed	15 closed	16 3year check-up 2:45-13:30	17 ♥Breast-feeding counseling	18 Sewing Club 10:00-12:00	19 ★1.6 year check-up 12:45-13:30	20 Smiley face
21 closed	22 closed	23 closed (Autumnal Equinox Day)	24 Music Time 13:30-14:30 ♥Breast-feeding counseling	25 ★1.6 year check-up 12:45-13:30	26 #4 month check-up 8:45-9:45	27 Smiley face
28 closed	29 closed	30 3year check-up 2:45-13:30				

Gardening club, sewing club, Craft work club, Music time, Library corner are voluntary activities by DROP users. Anyone is welcome to join!

## Program Information

for kids and mums **DROP**  
Kohoku-ku Child Care Support Center

### at DROP

- **Pre-mama Café** **9/2 (Tue) 10:30-12:00**  
Tea time for Pre-mums (presented by our volunteer staff). \*Reservations necessary.  
Volunteer mums wanted: having a 0-year-old baby for sharing experiences & information.
- **BOSAI club** **9/10 (Wed) 13:30-15:30**  
Lets think about the prevention and protection from the natural disaster.
- **Twins and Triplets' Meeting** **9/12 (Fri) 10:00-13:00**
- **International Mum's Lunch Meeting** **9/16 (Tue) 12:00-14:00**  
Let's have a cross-cultural lunch time! Bring your lunch.
- **Let's make foreign language version of Drop calendar** **9/20(Sat) 13:00-15:00**  
Let's create the English and Chinese version of Drop calendar.
- **"Drop ORITAI"** **9/26(Fri) 14:30 -**  
Join our newsletter folding activity "Drop ORITAI"!

### Nonno and Nonna @ Kohoku 2014

"Nonno and Nonna" means grandpa and grandma in Italian. There will be a seminar to make an original "pocketbook" on tablet-type device or smartphone for grandparents in Kohoku area.  
\*Dates and Place: 4 classes, Oct. 8, Oct. 10, Nov. 5 and Dec. 10 all held at Drop.  
\*Price: 1,000 yen  
\*Reservation starts on Tue. Sept. 16, 10:00 – either by phone, e-mail, fax or Drop front desk.

### DROP Counseling

Discussing with a professional individually  
\*Reservation necessary.



9/9 (Tue) 9:30-12:30  
9/11 (Thu) 10:00-12:00  
9/16 (Tue) 10:00-12:00  
9/17 (Wed) 10:00-12:00  
9/18 (Thu) 9:30-12:30  
9/27(Sat) 10:00-12:00

### Kurumi Salon

Let's talk about raising kids with the midwife and other mums.  
\*Reservation necessary.



9/25 (Thu)  
10:30-12:00

### 'Iroenpitsu' Bread Sale



9/3 (Wed), 17(Wed),  
24(Wed) 12:00-12:30  
(First come, first served)  
Don't miss it!

### DROPPA



9/13 (Sat)  
13:30-15:30

Gathering for Dads.  
Come and join us!

### Lactation Counseling at Health Support at Kohoku Ward Office

- 4 month old health checkup (8:45-9:45)
- ★1.6 year old health checkup (12:45-13:30)
- 3 year old health checkup (12:45-13:30)
- ♥Breast-feeding Counseling (Contact : 045-540-2340)  
\*Reservation necessary  
\*Japanese only

### Admission Limit

DROP has a capacity limit of 45 families. When the number of users exceeds the limit, we will ask newcomers to wait outside and also users to limit their playtime to 2 hours during crowded hours. Admission limit info is available on our homepage (URL [http://www.kohoku-drop.com/info\\_now.shtml](http://www.kohoku-drop.com/info_now.shtml)) and also through phone call. Your cooperation is greatly appreciated!

If you have any inquiry or need language support, please contact us at...

- TEL 045-540-7420
- URL <http://www.kohoku-drop.com>
- email [kitahara@kohoku-drop.com](mailto:kitahara@kohoku-drop.com)

